

# **Discovering ABA Therapy Guide**

360 Behavioral Health supports your child's developmental journey. We dedicate ourselves to providing high-quality, evidence-based services tailored to your family's needs. We understand that accessing ABA therapy services can be overwhelming, and we are committed to providing you with seamless and supportive experiences. We look forward to working with you.

## **Discover our Services: Here's What We Do**

Applied behavior analysis (ABA) refers to various behavioral health treatment options based on the principles of behavior analysis. ABA uses scientifically based techniques for understanding and changing behavior and is the most widely accepted approach to assess and intervene with individuals with autism or other developmental delays.

#### 1:1 ABA-Based Behavioral Health Treatment

We customize the program for each individual. It is goal-oriented, designed to decrease problem behaviors and develop desired replacement behaviors.

#### Social Skills Groups

As clinically appropriate, our Social Skills training helps individuals cultivate skills to create and maintain positive interactions with others.

### Parent & Caregiver Training

Included throughout the ABA treatment plan, our Parent & Caregiver Training focuses on enhancing skills and techniques to improve functional communication and cooperative behavior in individuals with autism.



#### **Specialized Personal Assistance**

Appropriate for all ages, this service provides additional support for clients and allows parents or caregivers to take a break.

#### **School-Based Behavior Intervention**

School-Based Behavior Intervention provides the support needed for students to participate in classroom-based instruction successfully.

Early diagnosis and early intervention can make a positive impact on a child's developmental path and accomplishments well into adulthood and can contribute to a child's future successes in school, the workplace, and the community. With 360 Behavioral Health, you're not just getting a service, you're joining a community of care and compassion where every individual matters and every family is valued. Because we believe in making a difference, one family at a time.